



On Demand Content Guide

**Pre-recorded Lectures
Self-Assessment Exam**

Welcome to the Essentials of Psychotherapy On-Demand Content Guide. As a registrant of the Essentials of Psychotherapy course, you have access to our comprehensive series of high quality lectures given by expert presenters. Within these on-demand sessions, faculty provide the theoretical framework for each psychotherapy modality and demonstrate techniques through simulated patient sessions. These presentations are available to view at your leisure.

We will also be holding live webinar discussions and Q&A sessions. The live program will allow participants to engage directly with expert presenters, ask questions, and explore key topics in greater depth.

All course registrants are strongly encouraged to view all on-demand lectures prior to the live webinar Q&A sessions.

Read on for instructions and visual guides to access the on-demand lectures. When you are ready to view the lectures, click the button below to get started.

PLEASE NOTE: This activity is available for the designated credit for 60 days after the second live session date.

- Expiration Date: Credit will expire and the evaluation will close 60 days after the second live session. Access to the course will not be lost.
- Content Available Until: December 31, 2028

[ACCESS ON DEMAND CONTENT](#)

Log in using your credentials to access the learner platform.

Catalog / 2026 Essentials of Addiction Psychotherapy Course ...

2026 Essentials of Addiction Psychotherapy Course Registration and Pre-Course Work



New Course: Essentials of Addiction Psychotherapy | About this Course | Live Q&A Session Schedule | Faculty | Recommended

American Academy of Addiction Psychiatry



Essentials of Addiction Psychotherapy Course

VIRTUAL COURSE

APRIL 18, 2026

This one-day live course features expert presentations and interactive discussions on the latest advancements and trends in addiction.

Course Date: April 18, 2026

Course Time: 12:00 - 4:00 pm ET

Create Account

Login

LOGIN HERE

Availability

On-Demand

2 Courses

Expires on Jun 17, 2026

Cost

Member: \$200.00

Non-Member: \$225.00

Credit Offered



After logging in, read through the legalese.

2026 Essentials of Addiction Psychotherapy Course Registration and Pre-Course Work

[Back To Home](#)



Read the information below, check the agreement checkbox, and click **Start** to proceed.

Accreditation Statement



In accordance with the disclosure policy of the American Academy of Addiction Psychiatry, as well as standards set forth by JAC policies and guidelines and the ACCME, the JAC expects accredited providers to present learners with unbiased, independent, and objective information in all activities. Accredited providers must be in compliance with the Standards for Integrity and Independence in Accredited Continuing Education. Therefore, Presenter(s), Planner(s), Reviewer(s), and all others involved in the planning or content development of this activity were required to disclose all financial relationships within the past 24 months.

Credit Designation Statements

Physicians

American Academy of Addiction Psychiatry designates this live activity for a maximum of 12.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAPA Designation Statement

At the bottom of the disclosure statements page, select the acknowledgement box and start button to advance.

accepted standards of experimental design, data collection, and analysis. Faculty have also been advised that they must not actively promote or sell products or services that serve their professional or financial interests during accredited education.

Copyright

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Course Access Information

Expiration Date: June 17, 2026
Content Available Until: December 31, 2028

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I acknowledge that I have read and agree to the statements and terms above.

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On the course homepage, select “Go to Content”.

My Courses / 2026 Essentials of Addiction Psychotherapy Course ...

Expires after 06/17/2026

2026 Essentials of Addiction Psychotherapy Course Registration and Pre-Course Work

Overview Content Recommended

Go to Content

CLICK HERE

New Course: Essentials of Addiction Psychotherapy

Welcome!

About this Course

Live Q&A Session Schedule

Faculty

American Academy of Addiction Psychiatry
Essentials of Addiction Psychotherapy Course
VIRTUAL COURSE
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After completing your registration you will receive a confirmation email and an email with instructions for accessing the live course and the pre-course recordings.



On the course content page, select “Access”.

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Expires after 06/17/2026

2026 Essentials of Addiction Psychotherapy Course Registration and Pre-Course Work

Overview **Content** Recommended

	On-Demand Sessions - 2026 Essentials of Addiction Psychotherapy 9.5 CME available, 9.5 Other Professionals available Credit expires on Jun 17, 2026	Progress <div style="width: 100%; height: 10px; background-color: #ccc;"></div>	Access
	Q&A Live Sessions and Course Evaluation - 2026 Essentials of Addiction Psychotherapy 3 CME available, 3 Other Professionals available Credit expires on Jun 17, 2026	Progress <div style="width: 100%; height: 10px; background-color: #ccc;"></div>	Access
	Post Survey	Survey will be available on Saturday, Apr 18, 2026. You will receive an email when this evaluation becomes available.	



On the On Demand Sessions page, select the course you'd like to view by clicking the title.

My Courses / 2026 Essentials of Addiction Psychotherapy Course ... / On-Demand Sessions - 2026 Essentials of Addiction ...



On-Demand Sessions - 2026 Essentials of Addiction Psychotherapy



Though you are strongly encouraged to view all on-demand sessions prior to the live Q&A session, this content can be completed for credit anytime prior to course expiration and all sessions are optional, with credit being claimed after each individual session.

Motivational Enhancement Therapy

1.5 CME available, 1.5 Other Professionals available

Credit expires on Jun 17, 2026



Cognitive-Behavioral Therapy/Relapse Prevention Therapy (CBT-RPT)

1.75 CME available, 1.75 Other Professionals available

Credit expires on Jun 17, 2026



CLICK HERE

Click “Access” to lead you to the session recording.

Cognitive-Behavioral Therapy/Relapse Prevention Therapy (CBT-RPT)



 Please complete Course Material.

Course Material



Access

Evaluation 7 Questions (available after completing Course Material)

Click the video to view lecture recording.


Course Material

Cognitive-Behavioral Therapy/Relapse Prevention Therapy (CBT-RPT)


Faculty: Brian Kiluk, PhD

Educational Objectives:

1. Describe the empirical evidence supporting cognitive behavioral therapy for substance use disorders
2. Identify the two critical components in the delivery of cognitive behavioral therapy
3. Discuss the common challenges encountered in the delivery of cognitive behavioral therapy and strategies to address them



Essentials of
Addiction
Psychotherapy



AAAP
American Academy of
Addiction Psychiatry
Translating Science. Transforming Lives.

Transcript >>

Transcript generated by AI.

search transcription.. 🔍

0:00:00 Hello, I will be speaking today about Cognitive Behavioral Therapy for Substance Use Disorders. My name is Dr. Brian Killick.

0:00:10 I am a psychologist and an associate professor in the Department of Psychiatry at the Yale School of Medicine.

As we begin, I just want to let folks know at the

Auto Scroll

Slides: 1 slide per page handouts

Slides: 3 slides per page w/ note lines

CLICK HERE TO VIEW SESSION RECORDING

CLICK HERE TO VIEW SESSION HANDOUTS

After viewing, the session Course Material will be marked as completed. The entire presentation must be viewed in order to continue to the course evaluation and credit claiming.


Course Material



Cognitive-Behavioral Therapy/Relapse Prevention Therapy (CBT-RPT)

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Cognitive Behavioral Therapy for Substance Use Disorders



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My Courses / 2026 Essentials of Addiction Psychotherapy Course ... / On-Demand Sessions - 2026 Essentials of Addiction ... / Cognitive-Behavioral Therapy/Relapse Prevention Th ... / Course Material

Cognitive-Behavioral Therapy/Relapse Prevention Therapy (CBT-RPT)

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[Request Credit](#)

Course Material

Cognitive-Behavioral Therapy/Relapse Prevention Therapy (CBT-RPT)

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... a psychologist and

Complete the course evaluation and select “Submit”

*Q1 is your opportunity to pre-submit questions or cases for discussion during the Live Q&A

- Very Satisfied
- Satisfied
- Neutral
- Dissatisfied
- Very Dissatisfied

* Q5 What changes will you implement in your practice based on information provided in this presentation?

* Q6 What barriers might you encounter while implementing changes to your practice based on this presentation?

* Q7 Please provide feedback on this presentation and/or presenter.

Submit

CLICK HERE

Click “Claim” to claim credits relevant to you.

My Courses / 2026 Essentials of Addiction Psychotherapy Course ... / On-Demand Sessions - 2026 Essentials of Addiction ...
/ Cognitive-Behavioral Therapy/Relapse Prevention Th ... / Request Credit

Request Credit for Cognitive-Behavioral Therapy/Relapse Prevention Therapy (CBT-RPT)

Claim Available Credits

CME	1.75 ▼	Claim CME	Waive CME
Maximum credit allowed to claim is 1.75			
You can only claim one of the credits (CME or Other Professionals).			
Other Professionals	1.75 ▼	Claim Other Professionals	Waive Other Professionals
Maximum credit allowed to claim is 1.75			
You can only claim one of the credits (CME or Other Professionals).			

After claiming credits, select “Continue”.

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/ [Cognitive-Behavioral Therapy/Relapse Prevention Th ...](#) / Request Credit

Request Credit for Cognitive-Behavioral Therapy/Relapse Prevention Therapy (CBT-RPT)

You have requested all available credits.

Continue

CLICK HERE

You have requested 1.75 CME Credits

To return to the course homepage and view other on-demand sessions, select the circled home icon OR the circled > to go directly to the next session.

My Courses / 2026 Essentials of Addiction Psychotherapy Course ... / On-Demand Sessions - 2026 Essentials of Addiction ...
/ Cognitive-Behavioral Therapy/Relapse Prevention Th ...

Expires after 06/17/2026



Cognitive-Behavioral Therapy/Relapse Prevention Therapy (CBT-RPT)



✓ You have completed Cognitive-Behavioral Therapy/Relapse Prevention Therapy (CBT-RPT) on 3/19/2026 and claimed 1.75 CEUs

✓	Course Material	Access
✓	Evaluation	7 Questions (Evaluation Completed)

CLICK HERE TO RETURN TO ALL ON-DEMAND SESSIONS

CLICK HERE TO GO TO NEXT ON-DEMAND SESSION

Questions? Email:
annual-meeting@aaap.org